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Pundrik Ashram

Pundrik Ashram (Devanagri: **पुंडरीक आश्रम**) is a Hindu monastery related to the Vedic sage Pundrik. The sage Pundrik was an Indian sage mentioned in the Indian religious texts. He was born in a Brahmin family. He was an ascetic connoisseur of Vedas, lover of self-study, conqueror of senses and forgiving. He was committed to observance of cosmic-Vedic deeds. Pundrik Ashram is located at Punauradham in Sitamarhi district of Mithila region of Bihar. According to legend, Punauradham is considered as the penance place of Pundrik Rishi.[1][2]

Description

In the ashram there is a Lord Shiva temple known as Pundakeshwar Mahadev Mandir. Swami Umeshanand is the Pithadhishwar of Pundarik Rishi Kshetra. A grand Yajnashala is proposed to be built in the Ashram. On 28th January of 2022, Pandit Umesh Mishra laid the foundation stone of the grand Yajnashala under the chairmanship of Shri Kishori Sharan Madhukar Muthia Baba, the saint of Shri Sitaram Naam Sukhdham Ashram Muthia Baba Kutiya. There is a religious pond near the Ashram known as Sita Kund or Janaki Kund. The Sita Kund is believed as the manifestation place of the goddess Sita.[3]

Pundrik Ashram

पुंडरीक आश्रम	
Monastery information	
Established	Sage Pundrik
Dedicated to	Vedas, Cosmic deeds of Vedas
People	
Founder(s)	Sage Pundrik
Site	
Location	Punauradham, Sitamarhi district, Mithila region , Bihar
Country	India
Visible remains	Sita Kund

References

1. "दीपावली के दिन अयोध्या की तरह ही माता जानकी की जन्मस्थली भी होगी जगमग" (https://www.jagran.com/bihar/sitamarhi-like-ayodhya-the-birthplace-of-mother-janaki-will-also-be-illuminated-on-the-day-of-deepawali-23159038.html). *Dainik Jagran* (in Hindi). Retrieved 2023-03-27.
2. "नौकायन की व्यवस्था: 78.33 लाख से पुनौराधाम के पुण्डरीक ऋषि की पुष्करणी तालाब का होगा जीर्णोद्धार और सौन्दर्यीकरण, बढ़ेगी शोभा" (https://www.bhaskar.com/local/bihar/muzaffarpur/sitamarhi/news/from-7833-lakh-pundarik-rishi-of-punauradham-will-be-renovated-and-beautified-the-pushkarni-pond-will-be-beautified-127750207.html). *Dainik Bhaskar* (in Hindi). 2020-09-25. Retrieved 2023-03-27.
3. "पुंडरीक ऋषि क्षेत्र के पुंडकेश्वर महादेव मंदिर परिसर में बनेगी यज्ञशाला" (https://www.jagran.com/bihar/sitamarhi-yagyashala-will-be-built-in-pundakeshwar-mahadev-temple-complex-of-pundarik-rishi-area-22420496.html). *Dainik Jagran* (in Hindi). Retrieved 2023-03-27.

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